



#### **Issue 14**

#### A MONTHLY PUBLICATION FROM YOUR LOCAL LIBRARY

## Message from the Director

July 2014

If you subscribe to the library's monthly newsletter, you probably already read.



However, you may want to pass some important information on to your friends or family members who haven't picked up a book in a while: Reading can improve

Director Steven Campbell their life. That's right, reading isn't just for entertainment. While most people would probably guess that reading can make someone more knowledgeable and expand their vocabulary, many studies over the past decade have revealed numerous other benefits of reading.

Research has shown that people who engage in mentally-stimulating activities, such as completing puzzles, playing chess, and reading, experience slower memory decline. Reading also may slow down or prevent Alzheimer's disease and dementia. Your brain is just like muscles, bones, or any other part of the body–you either "use it or lose it." Reading doesn't only prevent cognitive

decline; it can actually improve mental

#### Art Wanted to Display at the Union Branch

Union Branch is looking for art to showcase on our recurring display. This past year, we've displayed art from all kinds of participants school art classes, individual artists, Missouri Junior Duck Stamp participants, and private art students. Submitted art is arranged on six wire mesh panels near the front door. News releases are sent to the Missourian with information about the current month's artist. To reserve a spot for your art or your student's art, contact the Union Branch today!

sharpness. When you're reading, your brain analyzes characters, plots, and other details. As a result, people who read often develop better analytical and critical-thinking skills.

A study was released a few years ago that reading was the best way to reduce stress, ranking ahead of taking a walk and listening to music. When participants began reading, they relaxed within six minutes. The de-stressing benefits of reading also make finishing your day with a book a great sleep aid. Studies show that a de-stressing routine before going to sleep, like reading, helps people fall asleep faster and sleep better.

Researchers have also concluded that reading will improve an individual's focus and concentration. Unlike surfing the Web, texting, or watching TV, it's almost impossible to multi-task while reading. When you read, you train your brain to focus more intensely on one thing.

So, spread the word—reading is like a gym workout for your brain. People who want to sleep better, tackle stress, improve their concentration, and keep their mind sharp should pick up a book today.





Kids Club made a Tornado in a Bottle at the Owensville Branch on June 13.



A great way to learn about upcoming programs and events at the Library is to follow us on Facebook. "Like" your local branch's Facebook page today!



Read

# The Scenic Regional Library NEWSLETTER

Read

## **Book Clubs at the Library**

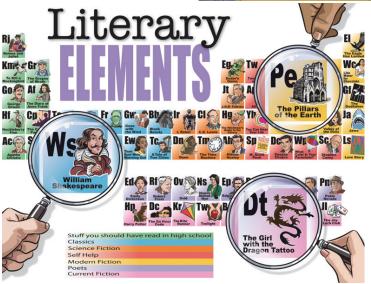
A book club is a good place to meet new people, discuss ideas, and read books that you may never have thought of reading. All of our branches have book clubs that meet monthly and are open to new members. To find information about meeting times and books to be discussed, go to our website and look for Book Clubs in the menu down the left side of the home page, or simply go to <u>http://scenicregional.org/bookclubs.</u> Books are provided by the library. You may join any book club, not just the one closest to your home.



The St. Clair Branch has a teen book club in addition to an adult book club. The book club at the Union Branch reads books that have been banned or challenged. The books to be discussed in July are *Flight Behavior* (Hermann), *The Bell Jar* (Union), *Rainwater* (St. Clair), *Angela's Ashes* (Pacific), *Anne of Green Gables* (New Haven), *The Book Thief* (Owensville), and *The Story of Edgar Sawtelle* (Warren County). It isn't too late to request a copy of any of these titles and join in this month's discussion!

# **Literary Elements**

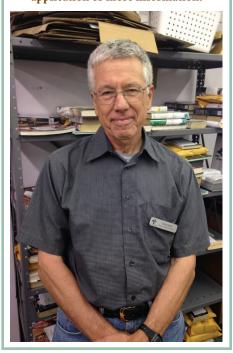
Literary Elements, a take-off on the Periodic Table of Elements, is the theme for this year's Adult Summer Reading Program. We encourage you to read in seven literary elemental families: science fiction, modern fiction, classics, current fiction, self-help, and poetry. The poster of Literary Elements color codes these elemental families. To help you identify what family a book belongs in, Union Branch has placed colored strips of paper in many adult books and created reading lists to help you find something elementally literary to read this summer.



### **Volunteer Spotlight**

Tom Barnes has volunteered at the library's Administration Building twice a week for the past three months. Tom is an indispensable part of the Evergreen and Interlibrary Loan process, sorting books that come in from libraries all over the state. Thank you, Tom! We appreciate you!

Volunteering at the library is a great way to give back to your community. It can also look great on a college application or resume. Would you like to volunteer at the library? Contact your local branch for an application or more information.





# The Scenic Regional Library



Explore Upcoming

## UNION

#### **KIDS & TEENS PROGRAMS**

Storytime (preschool) Every Wednesday and Saturday at 10 AM

Kids Club (grades 1-5) Every Wednesday at 1 PM

Teen Time (grades 6 and up) Every Wednesday at 3 PM

Nitro Joe, Science Show Wednesday, July 16, at 1 PM

#### ADULT PROGRAMS

**Racing to Read** Tuesday, July 1, at 6 PM Learn how to prepare your Preschooler for Kindergarten.

#### **Identity Theft Prevention**

Tuesday, July 8, from 6-7 PM Don't become a victim of scams or identity theft. Learn how you can keep yourself safe. Call to register.

**Banned and Challenged Book Club** Thursday, July 17, at 7 PM The Bell Jar by Sylvia Plath will be discussed.

#### **Upcycle That!**

Tuesday, July 22, at 6 PM Learn how to turn old incandescent light bulbs into oil lamps. Participants will practice making one and take home the finished product. Registration is required.

WARREN COUNTY **KIDS & TEENS PROGRAMS** 

Storytime (Preschool -Kindergarten) Tuesdays at 10 AM Kids Club (Grades 1-5, Ages 6-11)

Tuesday, July 1, 22, and 29, at 1 PM Self-Defense Kids Club (Grades 1-5, Ages 6-11)

Tuesday, July 8, at 1 PM

Nitro Joe, Science show Tuesday, July 15, at 1 PM

**Teen Tuesday-Thrill Builders** (Grades 6-12, Ages 12-18) Tuesday, July 8, from 4-5:30 PM Sign up at the Library or call 636-456-3321.

ADULT PROGRAMS Sign up at the Library or call 636-456-3321.

Chicks with Sticks Every Tuesday at 1 PM

**Stories of Africa** Tuesday, July 1, from 6:30-7:30 PM

**Conservation Department** Tuesday, July 8, at 6 PM

**Antique** Appraisals Tuesday, July 15, from 6-7:30 PM

Drama set in India and Refreshments Tuesday, July 29, from 6-8 PM Book Club

Wednesday, July 16, at 2 PM We will be discussing *The Story of Edgar* Sawtelle by David Wroblewski.



May 14, Instructor Charissa Coyle taught a beginning ink and watercolor class to attendees at Pacific Branch.



## **HERMANN**

**KIDS & TEENS PROGRAMS Teen Scene** Tuesdays until July 22 at 2 PM

**Story Hour** Thursdays at 10 AM

**Kids** Club Thursdays until July 24 at 1 PM

**Teen Movie Night** Friday, July 18, from 5:30-8 PM Christmas in July with Dr. Who movie, TARDIS art, mad scientist snacks.

Spark a Reaction Teen Art Show Wednesday, July 23, from 6-8 PM Everyone is invited to view teen art submissions conveying "Spark a Reaction" theme.

**Pool Party at Hermann Pool** Friday, August 1, from 7-9 PM For Summer Reading Program participants and their parents. Free admission. Sign up to attend: 573-486-2024.

ADULT PROGRAMS

Join us for Book Club Every 3rd Wednesday at 6 PM

T'ai Chi at the Library Wednesday, July 9, from 7-8 PM Bill Fields, a local T'ai Chi instructor, will give a short talk and a demonstration of this gentle form of exercise. All ages welcome, but children must be accompanied by an adult. Sign up now!

#### **Senior Social Hour**

Friday, July 25, from 10-11:30 AM Find the time to talk about books, play a few games, and socialize! Light refreshments provided. For more information, call 573-486-2024.



Author C. S. Hart visited and signed books at the Warren County Branch on June 10.



# The Scenic Regional Library **NEWSLETTER**



## Upcoming NEW HAVEN

KIDS & TEENS PROGRAMS

### Storytime (for kids up to Kindergarten age)

Tuesdays at 10 AM We will enjoy stories, songs, crafts, and finger plays. For parents and care givers, Racing to Read literacy fun ideas included each week.

#### Kid's Club (Grades 1-5)

Tuesdays at 11 AM Featuring stories, crafts, and science demonstrations. We will explore a different topic each week in July.

#### Teen Time (Grades 6-up)

Tuesday, July 22 at 1 PM Old New Haven School Learn some of the science behind cooking. We will create some tasty treats from the oven, wok, and microwave. Stop by or call to reserve your place today!

#### ADULT PROGRAMS

#### Yarn and Yak

Wednesday, July 2, from 6-8 PM Yarn crafts group meets the first Wednesday of each month at New Haven Library. Bring your projects and ideas. Reservations are not needed.

#### **Book Club**

Wednesday, July 23, at 5 PM We will discuss *Anne of Green Gables* by L. M. Montgomery. Stop by the Library to pick up a copy. Everyone is welcome. Book Club meets at the Library.



St. Clair Branch's Read-BUILD-Play Club built flying machines at their May 31 meeting.

# Events

#### PACIFIC KIDS & TEENS PROGRAMS Storytime (Toddlers through Kindergarten) Thursdays at 10 AM

Kids Club (Grades 1-5) Every Thursday at 1 PM

**Teen Time Tennis Shoe Art with Sharpies** Thursday, July 10, at 3 PM Bring your own canvas tennis shoes.

**St. Louis Metro Storm Chasers** Wednesday, July 9, at 4 PM

**Drone from SFBRHS** Thursday, July 10, at 1 PM

**Purina Farms** Wednesday, July 16, at 3 PM

**St. Louis Science Center** Thursday, July 24, at 1 PM

**Summer Reading Program Ends** Saturday, July 26

**End of Summer Party with Babaloo** Friday, August 8, at 5 PM

ADULT PROGRAMS (18+) Registration required for the following programs. Please call 636.257.2712 or visit the Library to sign up.

#### Native American Archaeology II

Wednesday, July 2, at 6 PM Joe Harl of the Archaeological Research Center of St. Louis.

**Storm Chasing** Wednesday, July 9, at 6 PM The Metro St. Louis Storm Chasers Association.

Crochet Club Wednesday, July 16, at 6 PM

Adult Book Club Wednesday, July 23, at 6:30 PM *Angela's Ashes* by Frank McCourt.



Pacific Branch's Kids Club made Boo Bubbles and other fun science experiments on June 5.

# Continued...

ST. CLAIR KIDS & TEENS PROGRAMS Preschool Storytime Thursdays at 11 AM Kids Club Thursdays at 10 AM Nitro Joe, High Energy Science Wednesday, July 16, at 10 AM High Energy Science! Teen Time: Engineers to the Rescue, presented by the Girl Scouts Wednesday, July 23, from 3-4:30 PM Read-Build-Play Club Saturday, July 26, at 10 AM ADULT PROGRAMS

**Celebrate July with Us** Bring photos of Veterans or loved ones for display. American Legion to do a program (TBA).

Adult Book Club Thursday, July 24, at 2 PM *Rainwater* by Sandra Brown.

## OWENSVILLE

KIDS & TEENS PROGRAMS **Preschool Storytime** Thursdays at 4:30 PM **Kids Club** Each Thursday during July at 1:30 PM **Teen Time** 

Each Thursday during July at 12:30 PM

Nitro Joe will be here to amaze you! Tuesday, July 15, at 10 AM First State Community Bank, 308 W. Lincoln Ave.

ADULT PROGRAMS

Knifty Knitters Wednesday, July 2, at 6:30 PM Summer Signing Club Thursdays in July at 6:30 PM Wewill meet every Thursday to learn sign language with instructor Daviso

instructor, Denise Greene. **Genealogy** Club Wednesday, July 9, at 5 PM This will be the first meeting of our new Genealogy Club. Join us and become a charter member! Movie Night Friday, July 11, at 7 PM Call the Library for movie title. **Book Club** Wednesday, July 16, at 6:30 PM The Book Thief by Markus Zusak. The Unsinkable Molly Brown Thursday, July 17, at 6:30 PM Gasconade County Historical Society Museum. The Unsinkable Molly Brown will be in town to tell us about her life.



# The Scenic Regional Library NEWSLETTER



### Database Spotlight: Literature Resource Center

Need sources for an English paper? Looking for reliable definitions to literary terms? Having no luck finding a biography of an author? Look no further! Literature Resource Center hosts more than 850,000 full-text articles, essays, and reviews from 390 scholarly journals and magazines. These articles include more than 75,000 critical essays and reviews for short stories, children's literature, contemporary literature, classical literature, Shakespearean literature, and medieval literature. If you're looking for the full text of a piece you can't find in the library, Literature Resource



Center also has the full text of nearly 30,000 contemporary poems, short stories, and plays. To run a search, enter your keyword in the Basic Search box and click enter. For example, searching just the word "Chaucer" yields over 300 biographies, including biographies on writers who were influenced by or who referred to Chaucer in their own writings, 1,100+ pieces of literary criticism, 700 reviews and news, and more. That's a lot of information! If you want to limit your results, there's also an Advanced Search option, which lets you narrow your search by publication century, content (are you just looking for criticism? Select "literature criticism"), author, and more. If you're stuck on a word in a book or an essay, it comes with Merriam-Webster's Encyclopedia of Literature, which gives students quick and accurate definitions to strengthen their understanding of the material. Easy to use and chock full of information, Literature Resource Center is any English student's dream database!



IT Supervisor, Maureen Willmann, taught a Beginning Computer Class at Warren County Branch on June 5.

# **Searching the Catalog**

Search the Catalog Advanced Search Search All Formats • for

The default setting for the library materials catalog is Scenic Regional and Washington Public Library. That means that when you enter a title to learn if a copy is available to you, you are looking through the holdings of both Scenic and the Washington Library. You may not have known this, but you have also been able to search for items in the catalogs of seventeen other libraries! You can use the drop down box to search through the collections of all member of our lending consortium. Missouri Evergreen is the option at the top of the list of member libraries. If you don't find the item that you want when searching the Scenic/Washington catalog, search the Missouri Evergreen catalog. That one search will tell you if any of the member libraries own the item. You may place the item on reserve the same way that you place a reserve on a Scenic item and it will be delivered to your home library. If the item you want isn't available from Missouri



Howard County Outreach--Armstrong Howard County Outreach--New Franklin

Evergreen, contact your branch library and a request will be sent to libraries across the country through the national interlibrary loan system.

## For Parents of Preschoolers!

Singing and movement are both great ways to reinforce concepts like learning the body parts or rhyming, which are important parts of early literacy. Sing and move at home with songs like Head and Shoulders, Knees and Toes. Or check out a great movement and dance CD like Rockin' Red by Eric Litwin (the author of Pete the Cat!) You can even add new words to familiar tunes like Frère Jacques:

"Walking, walking, walking, walking Hop, hop, hop! Hop, hop, hop! Running, running, running Running, running, running Now we stop, now we stop."

Songs break words down into their simplest parts – syllables – which will help your child Race to Read!



Read

# The Scenic Regional Library NEWSLETTER

Read



Attendees at the Union Branch had a wonderful time learning basic self-defense with instructor Norman Leeker from Family Martial Arts and Fitness Academy on Tuesday, June 10th.



Kids Club at Union made bubble snakes out of old water bottles and soap on June 11.



Owensville Branch's Summer Signing Club will meet every Thursday in June and July to learn sign language with instructor Denise Greene.

#### Administrative Office (ADMIN)

308 Hawthorne Drive Union, Missouri 63084 Phone: 636-583-0652

Mon thru Fri: 8am - 5pm Sat: Closed Sun: Closed

#### Union Branch (UN)

308 Hawthorne Drive Union, Missouri 63084 Phone: 636-583-3224

Mon & Fri: 9am - 6pm Tues, Wed, & Thurs: 9am - 8pm Sat: 9am - 3pm Sun: Closed

#### Hermann Branch (HR)

601 Market Street Hermann, Missouri 65041 Phone: 573-486-2024

Mon: Closed Tues, Thurs, & Fri: 9 am - 6 pm Wed: 11 am - 8 pm Sat: 9 am - 3 pm Sun: Closed

## **Locations & Hours**

**Owensville Branch (OW)** 107 North First Street Owensville, Missouri 65066 Phone: 573-437-2188

Mon: Closed Tues, Thurs, & Fri: 8:30 am - 5:30 pm Wed: 8:30 am - 7 pm Sat: 8:30 am - 1 pm Sun: Closed

#### Pacific Branch (PC)

119 West St. Louis Street Pacific, Missouri 63069 Phone: 636-257-2712

Mon: Closed Tues, Thurs, & Fri: 9 am - 6 pm Wed: 9 am - 8 pm Sat: 9 am - 3 pm Sun: Closed

#### New Haven Branch (NH)

901 Maupin New Haven, Missouri 63068 Phone: 573-237-2189

Mon: Closed Tues, Thurs, & Fri: 8:30 am - 12:30 pm; 1 pm - 5:30 pm Wed: 8:30 am - 12:30 pm; 1 pm - 7 pm Sat: 8:30 am - 1 pm Sun: Closed

#### St. Clair Branch (SC)

515 E Springfield St. Clair, Missouri 63077 Phone: 636-629-2546

Mon: Closed Tues, Thurs, & Fri: 8:30 am - 5:30 pm Wed: 8:30 am - 7 pm Sat: 9 am - 1:30 pm Sun: Closed

#### Warren County Branch (WR)

912 South Hwy 47 Warrenton, Missouri 63383 Phone: 636-456-3321

Mon, Thurs, & Fri: 9am - 6pm Tues & Wed: 9am - 8pm Sat: 9am - 3pm Sun: Closed

