New Union Branch Opening Delayed

Completion of the library’s new Union branch and administrative offices has been delayed. The facility was originally scheduled to open in late June, with the grand opening event scheduled for July 20. However, there has been a nine-week delay due to unexpected changes to the HVAC system. As a result, the building won’t be ready to open until late August. The library plans to reschedule the grand opening for some time in September.

The new building will be 23,000 sq. ft., which will include 17,200 sq. ft. for the new Union branch and 5,800 sq. ft. for the administrative offices and bookmobile. The current Union branch is approximately 7,000 sq. ft. The Union facility will be the library’s eighth new branch building to be opened over the past year-and-a-half.

Library Receives Book Donation

On March 12, long-time Union resident Irene “Pud” Ming donated 600 hardcover, large print fiction titles to the library. The books, which were all from her personal collection, are in like-new condition and have publication dates between 2015 and 2019. The library is in the process of adding nearly all the titles to the collection, dividing them up between the branches. The value of the donated items is estimated to be nearly $10,000.
Did you know reading to young children strengthens parent/child bonds and that language development begins long before children can talk? Attend a Read from the Start workshop to learn more about the importance of reading on a child’s future. Each Scenic Regional Library branch will be hosting a Read from the Start Family Program for parents/caregivers and their children age birth to 5 years. Read from the Start workshops are fun and interactive. These workshops focus on you being a child’s first and most influential teacher. Explore new activities for both you and your child to do after reading together, such as art, songs, finger plays, and more! You will leave with exciting new ideas and ways to read to your child. After participating you will receive a set of 4 FREE children’s books to take home! This program is funded by the Missouri Humanities Council.

Each session is limited to 12 families and registration is required. Call your local branch or visit www.scenicregional.org/events to register.
The Power of a Plant-Based Diet

The plant-based lifestyle and veganism are both buzzwords in the news these days with major news outlets such as The Economist and Forbes magazine predicting that 2019 will be the year more and more people will turn to a plant-based lifestyle. Scenic Regional Library St. Clair Branch Manager Kara Bell did just that in May 2018. She will share her journey of a 100-pound weight loss and disease reversal at a presentation at the St. Clair branch Thursday, April 11 at 6 p.m. Bell struggled with her weight since the age of ten when her mother put her on her first diet and in the subsequent years she continued to gain weight, which eventually landed her in the morbid obesity range and kept her there for the last few decades. Chronic diseases such as Type 2 diabetes and hypertension plagued her along with acid reflux, chronic back pain, depression, and extreme fatigue, all of which left her feeling lackluster and missing out on many of life’s special moments because she was too tired or too sick to participate.

Taking more than ten prescription medications each day, struggling to complete the day’s tasks, and feeling sick and tired, Bell wanted to change but was frustrated with the myriad of diets she had tried in the past that had yielded short-term success but which were unsustainable because they left her hungry and because they were unaffordable.

In the summer of 2016 Bell watched the documentary Forks Over Knives and began to learn about a whole food plant-based lifestyle. While her personal health transformation did not begin in earnest until May 2018, she did began the hard work of learning about the many health benefits of this evidence-based lifestyle after watching the groundbreaking film. It wasn’t until after a series of close family deaths and personal health crises that Bell finally got serious and decided to adopt the whole food plant-based lifestyle 100 percent in May 2018 that she began to see significant changes in her weight and health.

Now, almost a year later, she is down 100 pounds, has reversed Type 2 diabetes, no longer has hypertension, back pain, fatigue, acid reflux, depression, and for the first time in her adult life has limitless energy. On a mission to share what she has learned so that others might benefit from the “simple but not always easy” whole food plant-based lifestyle, Bell is sharing her story with others.

If you would like to hear about Bell’s personal story of her struggle with obesity and the related health consequences, how she adopted a whole food plant-based lifestyle, and what it means to implement that into daily living, then plan to attend her Thursday, April 11 presentation “The Power of a Plant-Based Diet” at 6 p.m. Registration is required and seating is limited to 75.
Staff Spotlight: Kerry
Adult Programmer, Warrenton Branch

How long have you worked for Scenic? Seven years.

What made you want to work in a library? It sounded like a fun job, and I love to read so it was the best of both worlds!

What is your favorite part of the job? Meeting new people and seeing how much the programs bring the community together.

What do you wish more people knew about the library? That we offer free and fun events for all ages!

What upcoming program at your branch are you excited about and why? Our annual Pioneer Day is April 13th. It’s a wonderful event for families and people of all ages to come out and have fun for free!

What are you currently reading? I am currently reading The Dirt by Motley Crue.

What is your favorite book? Wuthering Heights by Emily Bronte.

Is there anything else you would like people to know about you, your job, or your library branch? I absolutely love my job and the girls I work with, and I really enjoy seeing the patrons every other Tuesday night and coming up with new and exciting ideas to bring the community together.

St. Clair Branch Nominated for Chamber Award

The St. Clair branch has been nominated for the St. Clair Area Chamber of Commerce’s Organization of the Year award. The other nominees are Roots Church, St. Clair History Museum, and St. Clair Knights of Columbus. The Chamber’s award ceremony, where the winner will be announced, is March 30.

St. Clair Branch Community Garden Opening Delayed until Spring 2020

The opening of the community garden at the library’s St. Clair branch will be delayed until spring 2020. Originally, the Scenic Regional planned to open the garden in April 2019. However, the library has decided to fill the site with topsoil in order to make it more level; there is a two-foot drop off in elevation from the front to the back of the site. The fill will have to settle for a few months before further work can be done on the garden.

The garden will be enclosed with a 4-1/2’ cedar fence, and feature a pergola with two benches, small tool shed, and eleven, 4’ x 8’ raised-bed plots. If the garden is a success, it could be expanded in the future to include additional beds. Individuals, groups, or organizations will be able to use a planting bed for a growing season for free.

The United Methodist Church and First Baptist Church in St. Clair each donated land to the library in 2016 for a community garden after the branch’s expansion was complete.
HERMANN BRANCH
Call: 573-486-2024

Please register for adult programs.

ADULT PROGRAMS
National Library Week
Monday, April 8 - Saturday, April 13
(During branch hours) Drop in to
add a few verses to our poet-tree
and work on a book page craft.

Book Club
Wednesday, April 17 at 4:30 pm
The Mars Room by Rachel Kushner.

The Power of Touch
Thursday, April 18 at 6:00 pm
Massage Therapists will discuss the
power of touch and give chair massages.

NEW HAVEN BRANCH
Call: 573-237-2189

Please register for adult programs.

ADULT PROGRAMS
DIY: No-Sew Spring Wreaths
Thursday, April 4 at 6:00 pm
Transform colorful fabric scraps
to create your own version of this
spring wreath. All materials provided
for this adult craft. Limit 15.

Book Club at the Branch
Wednesday, April 24 at 5:00 pm
Join us for a discussion of The Mars
Room by Rachel Kushner. Stop by
to pick up a copy!

BOOK BINGO
Thursday, April 25 at 2:00 pm
Join us for a fun-filled game of
bingo! Books for prizes.

OWENSVILLE BRANCH
Call: 573-437-2188

Please register for adult programs.

ADULT PROGRAMS
Music, Movies, and More, oh my!
Tuesday, April 9 at 5:30 pm
Learn about the available online
resources.

Tea Time Travelers’ Book Club
Tuesday, April 16 at 6:30 pm
We will discuss Romeo and Juliet by
William Shakespeare.

Roller Derby Extravaganza
Tuesday, April 23 at 6:00 pm
Local team provides demonstration
on roller derby.

KID & TEEN PROGRAMS
Storytime
Every Thursday at 10:00 am

S.T.E.A.M. Time Storytime:
Thursday, April 4 at 10:00 am

Project T.I.L.T.: Book Quote Plates
Tuesday, April 9 at 3:30 pm
RSVP for supplies.

KIDS Club: Glitter Monogrammed
Mason Jars (RSVP for supplies.)
Thursday, April 11 at 3:30 pm

Frene Valley Magic and Stories
Friday, April 12 at 9:00 am
Join us at Frene Valley Nursing Center
with a magician and silly stories.

Edible Book Gallery
Friday, April 12 from 4:00 pm - 6:00 pm
Create your book at home out of
anything edible. Call for details.

Steam Punk Night
Saturday, April 27 from 5:00 pm - 7:00 pm
Wear your steam punk best and
bring your friends to a movie and
snack night!

Read From the Start
Saturday, April 27 at 3:00 pm
Families will receive 4 free children’s
books and explore fun literacy-based
activities together. Please register.

SCENIC REGIONAL LIBRARY

Recently, the entire library staff received
Evanced training to learn how to help
patrons register for classes and reserve
meeting rooms on their own.

Please register for family programs.

FAMILY PROGRAMS
Family Movie Night at the
Hermann Show Boat Theater
Friday, April 12 at 7:00 pm
“The Incredibles 2”
Saturday, April 13 at 7:00 pm
“Mission Impossible: Fallout”

Folks from the Wright City community had
a lot of fun March 14 creating cards and
learning new techniques during “Card
Making at the Branch”. 
April 2019 Upcoming Events

Pacific Branch
Call: 636-257-2712

Please register for adult programs.

Adult Programs

Mah Jong & More
Every Monday at 10:00 am

Open House with the Melissa Potter Band
Thursday, April 4 from 6:00 pm-8:00 pm
Pacific High graduates, Melissa Fyr-Potter and Matt Sokeland, along with Tim Garcia, Alan Lambert and Andy Sample will perform Big Band Music.

Book Club
Tuesday, April 9 at 6:00 pm
We will be discussing Faithful by Alice Hoffman.

Appetizers in Just Minutes
Thursday, April 11 at 6:00 pm

Easter Chick Cookies
Tuesday, April 16 at 6:00 pm
Decorate with Royal Icing. Limit 20.

Friends of the Library Meeting
Tuesday, April 18 at 6:00

Laughter is the Best Medicine
Tuesday, April 30 at 6:00 pm
Laurie Osseck will talk about famous comedians.

Kid & Teen Programs

Storytime (Toddlers-Kindergarten)
Every Tuesday at 10:00 am

Kid’s Club (Grades 1-5)
1st & 3rd Saturday at 11:00 am
April 6: Cupcake Decorating 101
April 20: Read, Build & Play Legos

Read From the Start (Birth-Syrs.)
Friday, April 12 from 6:00 pm-7:00 pm
12 Families will receive 4 free children’s books and explore fun literacy-based activities together. Please register.

St. Clair Branch
Call: 636-629-2546

Please register for adult programs.

Adult Programs

Book Bingo
Monday, April 8 at 11:00 am

The Power of a Plant-Based Diet
Thursday, April 11 at 6:00 pm
Learn how a whole food plant-based diet helped Kara Bell lose more than 100 lbs., reverse chronic diseases, and reclaim her life.

Book-to-Movie Club
Thursday, April 18 at 5:00 pm
Watch and discuss Ender’s Game by Orson Scott Card.

Take-A-Ticket (Limit 6)
Wednesday, April 24 from 1:00 pm- 4:00 pm
Sign up for a 30-minute tutor session with Scenic Regional Library’s trainer. Bring your device and your questions!

Adult Book Club
Thursday, April 25 at 2:00 pm
The Nightingale by Kristin Hannah.

Kid & Teen Programs

Read, Build, & Play
1st Saturday each month at 11:00 am
April 6: Legos.

Homeschool Group
Meets 1st & 3rd Wednesdays at 11:00 am
April 3: Rubik’s Cube 103
April 17: Earth Day Games

Pre-School Storytime
Every Thursday at 11:00 am

Read From the Start
Saturday, April 13 at 2:00 pm
Families will receive 4 free children’s books and explore fun literacy-based activities together. Please register.

Earth Day Games
Saturday, April 20 at 2:00 pm
Celebrate Earth Day with us as we play DIY games made from recycled materials.

Sullivan Branch
Call: 573-468-4372

Please register for adult programs.

Adult Programs

As the Page Turns Book Club
Thursday, April 11 at 6:00 pm
We will discuss Atomic Girls by Denise Kiernan.

Pinterest Craft Night - Origami
Tuesday, April 16 at 6:00 pm
Make Origami butterflies, frogs and tulips for Spring!

Basic Computer Operation
Thursday, April 25 at 3:00 pm
Learn basic tasks on the computer. Limit 6 participants.

Kid & Teen Programs

Storytime (preschool-age children)
Every Tuesday at 10:00 am

Kids Club: The Monarch Butterfly
Monday, April 15 at 3:30 pm

Teen Fandom Club: Comic Night
Friday, April 26 at 6:00 pm

Homeschool Group: Lego Day
Thursday, April 25 at 10:30 am

Please register for family programs.

Family Programs

Stuffed Animal Sleepover and Family Fort Night
Friday, April 5 at 5:00 pm
Storytime to follow Saturday, April 6 at 10:00 am.

Read from the Start
Saturday, April 13 at 10:00 am
Families will receive 4 free children’s books and explore fun literacy-based activities together. Please register.

New Haven showcased a Franklin County Bicentennial program “Music of the Riverbanks” about instruments of the period. Local musicians shared samples of early American songs/tunes.

Like us! Go to Facebook.com | Visit us at ScenicRegional.org
### UNION BRANCH
Call: 636-583-3224

Please register for adult programs.

**ADULT PROGRAMS**
- **Poetry Reading to Celebrate National Poetry Month**
  - Monday, April 1 at 6:00 pm
  - A poetry reading with the Poetry Club of Franklin County.
- **Women in the Washington Missourian 1940s**
  - Thursday, April 4 at 6:00 pm
  - Learn what life was like for women in the 1940s through local newspapers.
- **Hooked on Books**
  - Thursday, April 18 at 6:00 pm
  - We will discuss *The Mole People* by Jennifer Toth.

**BOOK BINGO**
- Thursday, April 25 at 11:00 am
  - Register for computer programs. Limit 6.

**COMPUTER PROGRAMS**
- **Basic Computer Operation (18+ yrs)**
  - Tuesday, April 2 from 10:00 am - 11:00 am
- **Using Slide Transitions in MS PowerPoint (18+ yrs)**
  - Wednesday, April 10 from 6:00 pm - 7:00 pm
- **Introduction to Microsoft Word (18+ yrs)**
  - Tuesday, April 23 from 5:30 pm - 7:30 pm

**KID & TEEN PROGRAMS**
- **Preschool Storytime**
  - Wednesdays & Saturdays at 10:00 am
- **Creating Salt Dough Gargoyles (Please RSVP)**
  - Saturday, April 6 from 1:30 pm - 3:30 pm
  - Learn about & make gargoyles.
- **Poetry Journals**
  - Monday, April 15 - Saturday, April 20
  - Available from 9:00 am until 1 hour before closing.
- **Paper Airplane Creations (Please RSVP)**
  - Tuesday, April 16 at 3:30 pm
  - Celebrate Wilbur Wright's birthday!
- **Reading to Rover (Therapy dogs)**
  - Thursday, April 25 at 5:00 pm
- **Read From the Start**
  - Tuesday, April 30 at 6:00 pm
  - Families will receive 4 free children’s books and explore fun literacy-based activities together. Please register.

### WARRENTON BRANCH
Call: 636-456-3321

Please register for adult programs.

**ADULT PROGRAMS**
- **Chicks with Sticks (Crochet/Knitting)**
  - Tuesdays at 1:00 pm
- **Hatha Yoga (Bring your own mat!)**
  - Thursday, April 4 at 5:30 pm
- **Once Upon a Time Movie Night**
  - Tuesday, April 2 at 3:50 pm
  - The Princess Bride and canapes. Limit 60.
- **Social Security 101: Questions Answered**
  - Thursday, April 11 at 6:00 pm
- **Could You Recognize Domestic Abuse?**
  - Tuesday, April 16 at 6:00 pm
- **Take-A-Ticket Technology Trainer**
  - Wednesday, April 17 from 10:00 am - 5:00 pm
  - Secure a 30-minute session.
- **The Unfair Fair**
  - Tuesday, April 23 at 6:00 pm
  - The 1904 World's Fair and racism.
- **A Novel Bunch Book Club**
  - Wednesday, April 24 at 2:00 pm
  - Reader's Choice! Come discuss.

**KID & TEEN PROGRAMS**
- **Bedtime Storytime**
  - Monday, April 29 at 6:30 pm
- **Kid's Read, Build, & Play Club (Gr. K-5)**
  - Monday, April 1 at 3:15 pm
  - Legos and Minute-to-Win-It games.
- **Pioneer Day (All ages)**
  - Saturday, April 13 from 10:00 am - 2:00 pm
  - Enjoy activities, food, and demonstrations.
- **TEENS: Sharpie Tie Dye T-Shirts (RSVP required.)**
  - Monday, April 15 at 3:15 pm
  - Please bring your own white cotton t-shirt to tie-dye!
- **Read from the Start (RSVP required.)**
  - Wednesday, April 24 at 6:00 pm
  - 12 Families will receive 4 free children’s books and learn literacy tips.
- **Mountain Lions, Elk and Bears, Oh My!**
  - Tuesday, April 30 at 6:00 pm
  - Talk about repopulating these Native Missouri animals!

### WRIGHT CITY BRANCH
Call: 636-944-6100

Please register for adult programs.

**ADULT PROGRAMS**
- **Adult Book Bingo (Ages 18+)**
  - Thursday, April 4 at 1:00 pm
  - Come win free books at a fun afternoon of book bingo.
- **Adult Book Club**
  - Monday, April 8 at 6:00 pm
  - We will discuss *Dark Places* by Gillian Flynn.
- **Mindfulness**
  - Thursday, April 11 at 6:00 pm
  - Thursday, April 25 at 6:00 pm
  - Leave your stress at home and come relax with us.

**KID & TEEN PROGRAMS**
- **Storytime (Preschool-Kindergarten)**
  - Wednesdays at 10:00 am
  - CANCELLED April 10
- **Read From the Start**
  - Saturday, April 6 at 10:00 am
  - Families will receive 4 free children’s books and explore fun literacy-based activities together. Please register.
- **Meet the Author-Piper Punches**
  - Saturday, April 13 at 1:00 pm
  - Meet local author Piper Punches! She will be reading *The Lavender Fairies: Brave Hearts*. Books available for purchase and signing.
- **Family Easter Egg Hunt at the Library**
  - Saturday, April 20 from 12:00 pm-2:00 pm
  - Drop in for a fun family Easter egg hunt at the library!
- **Earth Day Matinee**
  - Monday, April 22 at 1:00 pm
  - Come celebrate Earth Day by watching the movie “Wall-E”! Popcorn provided!

Patrons enjoyed a game of dominoes while chillin’ out by the fire in New Haven. We love having folks hang out at the library.
Purchase a “Book” for the Donor Wall in Your Community’s New Library

The Scenic Regional Library Foundation and Friends of the Library groups are selling donor wall “books”, which will be placed in the entrance hallway of each new library building.

You can have your name, your family’s name, or your business’s name become a permanent part of the new library in your community. Donor wall “books” can also serve as a beautiful and long-lasting memorial for a loved one.

The cost of a donor wall “book” is based on the size of the book:
- 8” x 1½” book – $100
- 10” x 2” book – $200
- 9” x 3” book – $300

Visit www.scenicregionalfoundation.org or complete this form to place your order. The Foundation accepts debit and credit cards (online), checks, and cash (only for forms brought to the library) for donor wall “book” purchases.

Proceeds from the sale of the donor wall books are designated for the local Friends of the Library group and used to assist with the purchase of furnishings and equipment in their new building.

Purchases are tax deductible.

Donor wall “books” can be purchased throughout the construction project and will be unveiled at the grand opening of each new branch library.

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Scenic Regional Library Foundation
Donor Wall “Book” Order Form

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NAME OF INDIVIDUAL, FAMILY, BUSINESS OR ORGANIZATION TO APPEAR ON BOOK

BRANCH (Please select one)
- Hermann Branch
- New Haven Branch
- Owensville Branch
- Pacific Branch
- St. Clair Branch
- Sullivan Branch
- Union Branch
- Warrenton Branch
- Wright City Branch

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OFFICE USE ONLY
Date received: ___________.
Amount received: ___________.
- Check # ___________.
- Cash

Mail this form (or drop it off at your local branch) with your personal check or money order to:

Friends of the Library
304 Hawthorne Drive
Union, MO 63084
SCENIC REGIONAL LIBRARY
FRIENDS OF THE LIBRARY MEMBERSHIP APPLICATION
April 1, 2019 – March 31, 2020 Membership Year

All information submitted is considered confidential and will never be given or sold to any other individual, company, or organization.

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<th>BRANCH AFFILIATION (Please select one)</th>
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<td>Friends of the Hermann Branch</td>
<td>Bronze – $10</td>
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<td>Friends of the New Haven Branch</td>
<td>Silver – $25</td>
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<td>Friends of the Owensville Branch</td>
<td>Ruby – $50</td>
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<td>Friends of the Pacific Branch</td>
<td>Gold – $100</td>
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<td>Friends of the St. Clair Branch</td>
<td>Platinum – $250</td>
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<td>Friends of the Sullivan Branch</td>
<td>Diamond* – $500</td>
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<td>Friends of the Union Branch</td>
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<td>Friends of the Warrenton Branch</td>
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<th>WOULD YOU LIKE TO HELP? (Select all which apply)</th>
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<td>Volunteer at the Fall Book Sale</td>
<td>□ New Application</td>
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<td>Volunteer at the Spring Book Sale</td>
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Mail this form (or drop it off at your local branch) with your personal check or money order to:
Friends of the Library, 304 Hawthorne Dr., Union, MO 63084
Membership dues and contributions are tax deductible.