

LOCAL SCENE

BLUE ANCHOR

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Thursday, July 18

- Warren County Commission, administration building, 9 a.m.
- Free movie, Warrenton 8 Cinema, showing "The Secret Life of Pets," 10 a.m.
- Binkley Exhibit, county museum, 10 a.m.-4 p.m.
- Farmers Market and Artisans, Dlekroeger Park, 3:30-6:30 p.m.
- Public meeting, North 47 sidewalks, Warrenton City Hall, 4-7 p.m.
- WB Watchers meeting, 107 W. Walton, Warrenton, 5 p.m.
- Pickin' and Grinnin' jam session, Deerfield's On Main, 5-9 p.m.
- CPR class, ambulance district classroom, 6 p.m.
- Wright City R-II School Board meeting, central office, 6:30 p.m.
- Warrenton Lions Club, 7 p.m.
- County Planning and Zoning, administration building, 7 p.m.

Friday, July 19

- St. Luke's Mobile Mammography Unit, community fitness center, 3920 N. Highway 47, Warrenton, 8 a.m.-1:30 p.m.
- Close encounters with the plushy kind, Scenic Regional Library, Wright City, 10-11 a.m. RSVP.
- Binkley Exhibit, county museum, 10 a.m.-4 p.m.
- Live music, Lake Creek Winery, 4-7 p.m.
- American Cancer Society Grape Races Benefit, Deerfield's on Main, 5-9 p.m., live music 6:30-9:30 p.m.
- Open mic night, Blue Anchor Coffee & Bistro, 5:30-8:30 p.m.
- Barn Dances, Lake Creek Winery, 7-10 p.m.
- Concert in the park, Dlekroeger Park, Wright City, 7-9:30 p.m.
- Wine-O Bingo, Cedar Lake Cellars in the Barrel Room, 7-10 p.m.
- Alcoholics Anonymous Group 130 meeting, senior center, 8-9 p.m.

Monday, July 22

- Warren County Commission, administration building, 9 a.m.
- Warrenton Elks bingo, 6:30 p.m.
- Al-Anon, College United Methodist Church, Warrenton, 7 p.m.
- Wright City Lions Club, 7-10 p.m.
- Alcoholics Anonymous Group 130 meeting, senior center, 8-9 p.m.

Tuesday, July 23

- Warren County Commission, administration building, 9 a.m.
- Free movie, Warrenton 8 Cinema, showing "Lego Movie," 10 a.m.
- Story Time for Preschoolers, Scenic Regional Library, Warrenton, 10 a.m.
- Wright City Chamber of Commerce, Will Heiliger Activity Building, Wright City, 11:45 a.m.
- Kivans Club of Warrenton area meeting, Oliver's Restaurant, 289 W. Veterans Memorial Parkway, Warrenton, noon.
- Chicks with Sticks, crochet or knitting lessons, Scenic Regional Library, Warrenton, 1 p.m.
- Kids Club, k-fifth grade, Scenic Regional Library, Wright City, 2 p.m. RSVP.
- Farmers and Artisans Market, Warrenton City Hall Pavilion, 3:30-6 p.m.
- Take Off Pounds Sensibly (TOPS), Grace Bible Church, 25445 S. Highway 47, Warrenton, 5:15 p.m.
- DIY: Wine Bottles, Scenic Regional Library, Warrenton, 5:30 p.m. RSVP. Space is limited.
- Cocaine Anonymous, 116 South Maine St., Bellflower, 5:45 p.m.

Wednesday, July 24

- Take Off Pounds Sensibly, First Baptist Church, 104 Hedeman, Wright City, 9 a.m.
- Warrenton Elks bingo, 10 a.m.
- Story Time for Preschoolers, Scenic Regional Library, Wright City, 10 a.m.
- OATS Transportation Committee meeting, nutrition center, 1 p.m.
- A Novel Bunch book club, Scenic Regional Library, Warrenton, 2 p.m. RSVP.
- Out of the World Movies, Scenic Regional Library, Wright City, 2 p.m. RSVP.
- Mat Pilates, Scenic Regional Library, Warrenton, 5 p.m. RSVP.
- Truesdale Board of Aldermen, city hall, 5:30 p.m.
- Alcoholics Anonymous Group 130 meeting, senior center, 8-9 p.m.

tin has worked, especially the Northeast, where he served in the Navy. Menu items are intended to be a different taste than what eaters will find at every other restaurant.

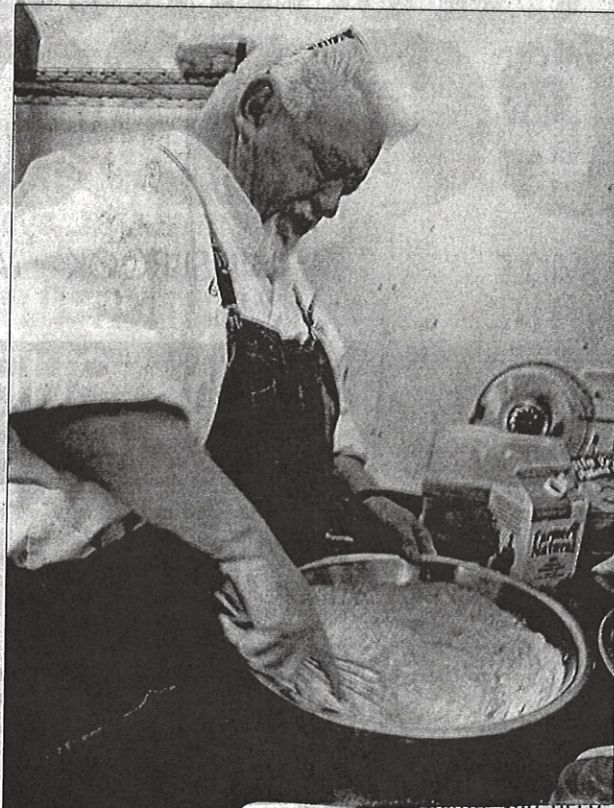
"If you want the same fried food, if you want a burger, everybody has a burger," Gustin commented. "If I do a burger, it won't be a normal burger . . . It will have some toppings that will be a little different, out of your comfort zone. But once you try them, you'll really like it."

Lunch items at the bistro include options such as "Shellback Salad" with lemon pepper lobster, cranberries and sunflower seeds mixed in, or the "Clipper Chicken Sandwich" featuring an orange-jalapeno sauce.

The dinner menu features daily options, but also a special main course that I'll make it."

On top of in-house food and drink service, Blue Anchor provides space for group meetings, catering, and text-to-order meals that customers can pick up.

Building Blue Anchor
For Gustin, food was an important part of life and community even as a young child. He grew up in a poor area of southern Illinois, where families came together every month to put together potluck meals. He worked in the school cafeteria, arguing with lunch ladies about how to make the



He's been mixing those skill sets, cooking and supply management, for much of his career. He worked at major sports stadiums around the country, before moving back to the Midwest and eventually becoming executive chef at Cedar Lake Cellars.

A self-employed catering service came next, and grew to the point where it needed its own commercial kitchen. Gustin said his wife, Tammy, encouraged him to strike out on his own, and their family put in all the work that turned Blue An-

chored to paint and decorate.

With their hard work, and Gustin's own experience in purchasing equipment and furniture, the startup cost to rehab and open the Blue Anchor was \$30,000, paid partly through a small business loan.

Gustin said he hopes guests feel the same sense of family that made the bistro a reality.

"It's about the community. As much as I want to make money, this whole place is about the community."

HEAT

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most susceptible.

Car interiors can reach lethal temperatures in a matter of minutes. Young children and pets should never be left unattended in vehicles, under any circumstances. This is especially true when car interiors reach lethal temperatures in minutes.

People who have properly working air conditioning should use it. People without air conditioning, should

keep their living space well ventilated with fans, and try to take breaks from the heat in air-conditioned environments.

People are advised to avoid poorly ventilated areas and prolonged work in the sun.

Take extra precautions with outdoor work. When possible, reschedule strenuous activities to the early

morning or evening, when temperatures may be cooler. Wear lightweight and loose-fitting clothing and drink plenty of water. To reduce risk during outdoor work the Occupational Safety and Health Administration recommends scheduling frequent rest breaks in shade or air-conditioned environments.



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